

**SAHK B M KOTEWALL MEMORIAL SCHOOL**  
**PHYSIOTHERAPY SERVICE**

- ◆ The Physiotherapy Service provided by the school includes morning exercise, individual therapy, group therapy, walking exercise, standing exercise, active or passive stretching exercise, task series and classroom therapy. These are prescribed according to the physical needs of individual students.
- ◆ Physiotherapists cooperate with the PE teachers to design the content of the PE lessons and to adapt equipment to ensure that every student is able to participate in the PE activities.
- ◆ The Physiotherapy Department may help students make appointments with the Prosthetic & Orthotic Departments of the Yan Chai Hospital and that of the Kowloon Hospital to make suitable orthosis if they have receive referrals prescribed by Government Hospitals.
- ◆ We also cooperate with the Jockey Club Rehabilitation Seating Service Centre of the SAHK to make wheelchair seating cushions. Parents will be requested to accompany the students during each visit.
- ◆ Cooperation and communication between the parents and the school is very important. Parents are welcome to observe the physiotherapy sessions of their child and request for video clips.
- ◆ Should the student have to receive any orthopaedic intervention, parents are recommended to inform the physiotherapist as soon as possible so that suitable treatment could be arranged.
- ◆ In order to practice the acquired skills in the home environment, tailor-made home exercise programmes will be given to the students regularly.
- ◆ Further information may be obtained on the following website:  
<https://www.bmkms.edu.hk/tc/%E7%89%A9%E7%90%86%E6%B2%BB%E7%99%82%E6%9C%8D%E5%8B%99>

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